

A Golden Chain of Privilege and Expertise - Towards a Grounded Theory of Mid-Career Stuckness

Career Development Institute (CDI): Research Conference for Career Practitioners: Demystifying Research – Encouraging Curiosity, 25 February 2021

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Agenda



A bit about me and how I got involved in research



My research on mid-career stuckness



How involvement in research is impacting my practice – benefits and challenges

A bit about me

2000

MSc in Educational Studies and International Development Studies, Roskilde University

2002 – 2003

Evaluation Consultant in The Danish Evaluation Institute (EVA)

2013 –

Chief Career Advisor in Pharmadanmark – Labour Union for Life Science Professionals in Denmark

2000 – 2002

Assistant Education Advisor in Cooperative Centre Denmark (CCD), The Philippines

2004 – 2013

Head of Continuing Education at Faculty of Health and Medical Sciences, University of Copenhagen

2016-2020

Master of Guidance, University of Aarhus

How I got involved in research

- Enrolled in postgraduate education
- Encouraged to research own practice
- Mentored/supervised by experienced researchers

Master of Professional Guidance

Post-graduate part-time programme for guidance professionals

- Module 1: Theories and methods in professional guidance
- Module 2: The guidance conversation in practice
- Module 3: Action learning in professional guidance
- Module 4: Master's project



DPU – DANISH SCHOOL OF EDUCATION
UNIVERSITY OF AARHUS

60 ECTS
credits

15 ECTS
credits
6 months
part-time

My research project

Objective: To explore career stuckness as a phenomenon.

Design and methodology:

- Qualitative interviews with five union members in the middle of their careers about their personal experiences of stuckness in a job/career path.
- Inspired by Grounded Theory. The interviews were coded and relationships between categories were identified.

Results:

A preliminary Grounded Theory of mid-career stuckness which implies that:

- Career stuckness can be understood as both an emotion and a situation
- Career stuckness is rooted in a structural, corporate and societal understanding of 'a good career', as a linear progressive and upward-going process.

Benefits of getting involved in research

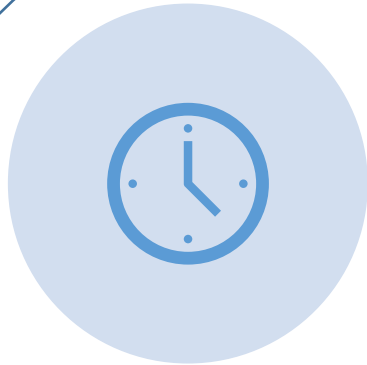


Better guidance through a research-based, critical approach to my own guidance practice



Contributing to providing credible and valuable knowledge to other practitioners

Challenges that I met



TIME



MONEY



FEELING LIKE AN
IMPOSTOR

Thank you for your
attention.

Contact Info



Your Profile

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