

Workshop D:

What makes a good model?

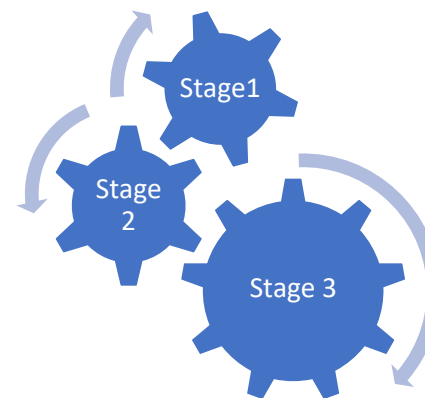
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The problem(s)



Too many ideas

Reinvention of the wheel

Proliferation of terminology

Unfounded assertions of effectiveness

Practitioners need to make choices

Questions to ask of a model

To understand and critique a model

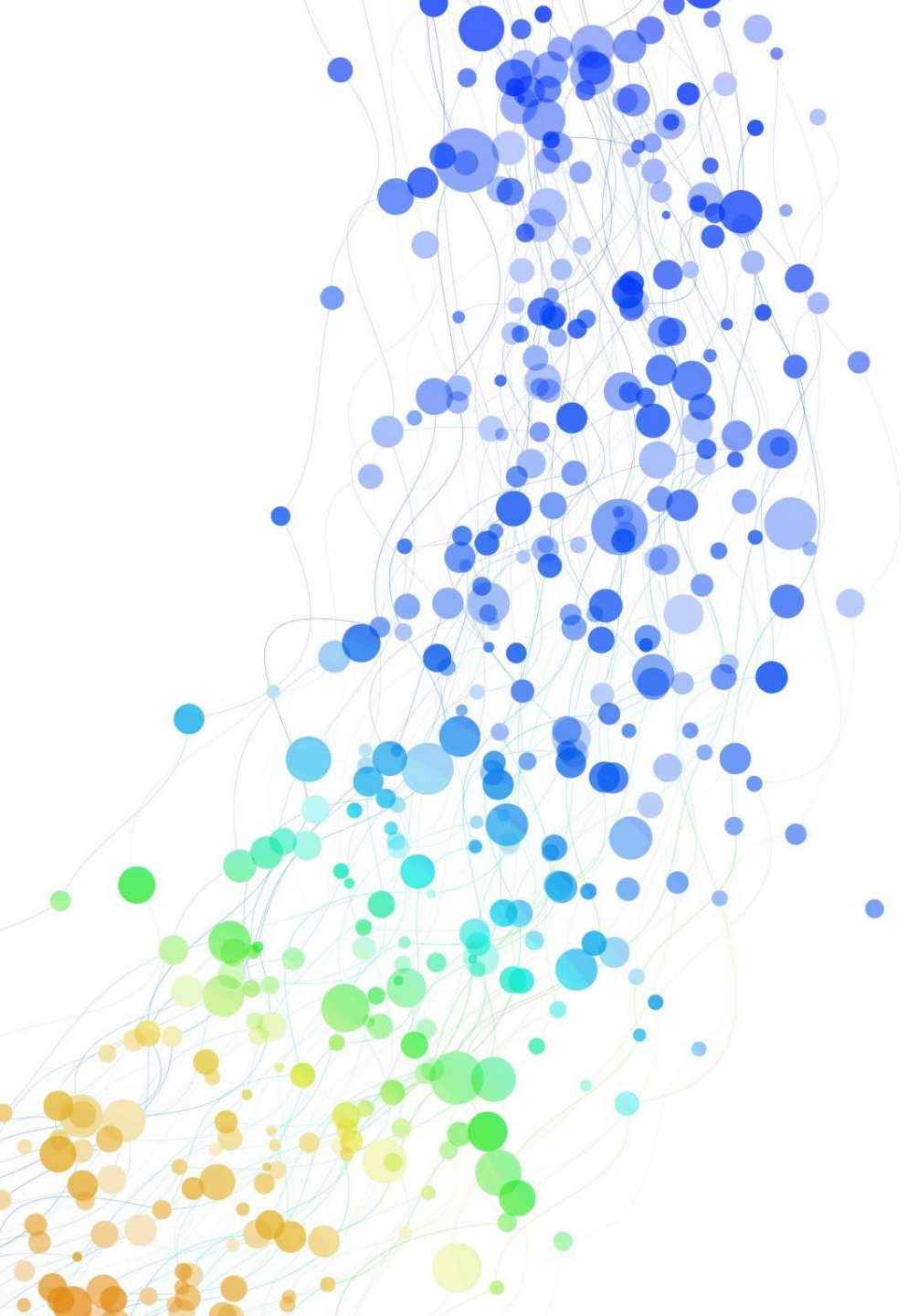
- The nature of the model
- The rationale and the evidence
- Values, ethics, and culture
- Target group



To help you choose a model

- Practicalities
- Resources and logistics
- Working alliance
- The practitioner

A framework for assessing models of guidance



Questions to help
you understand and
critique a model

The nature of the model

What is its purpose?

What is it a model of?

Who is the model for?



A young boy in a dark suit, white shirt, and red tie is sitting on a large maze drawn on asphalt. He is looking thoughtful, with his hand to his chin. The maze is composed of white lines on a grey asphalt surface. The background is a plain white wall.

The rationale and the evidence

What is the underpinning theory or philosophy?

Is there any published evaluative research on the model?

Is there practitioner experience of using the model?

Is there any available client feedback?

What does the body of evidence tell us about its strengths and limitations?

Values, ethics, and culture



Does the model align
with your values?

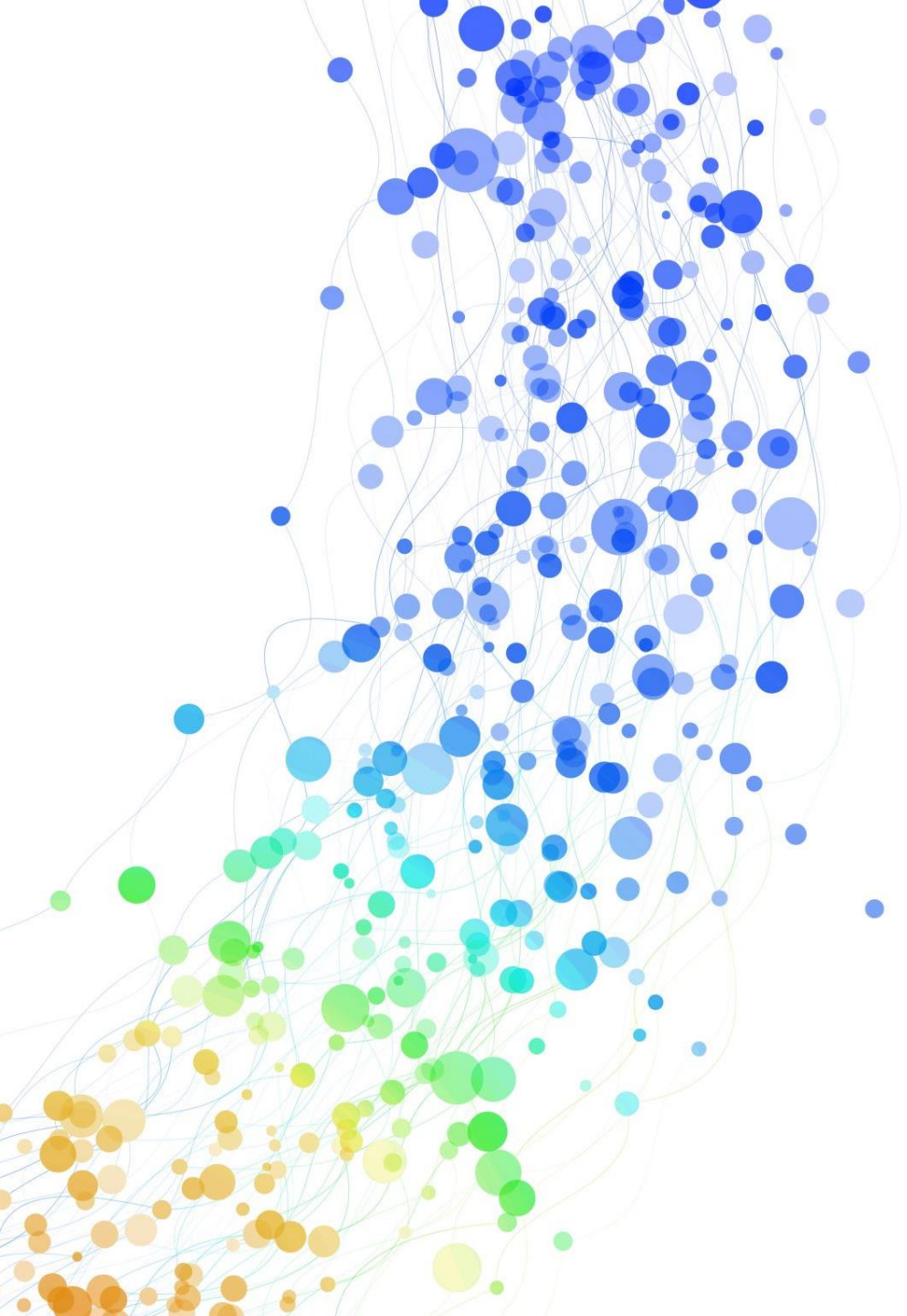
Is the model culturally
specific?



Target group

What kinds of clients does this model aim to support?

Are there any contra-indicators?



Questions to help
you choose a model



Practicalities

Can the model suit your activity?

Does the model suit your specific client group?



Resources and logistics

Over what time period is the activity expected to take place?

What other resources are needed?

A woman with long dark hair, wearing a pink sweater, is seated at a table and gesturing with her hands while speaking to a man whose back is to the camera. The man is wearing a white shirt. The background features a wooden wall and a window with white panes.

Working alliance

Will the model allow you to develop a suitable relationship with your client?

Is it easy to explain the model to the client?

The practitioner

Are you suitably
equipped to use the
model?

